



SAINT VINCENT CATHOLIC MEDICAL CENTERS

**ST. VINCENT'S MANHATTAN
BEHAVIORAL HEALTH SERVICES**



What Does This Picture Say?







Research

NY Council on Problem Gambling, 1996

328,000 reported difficulties related to their gambling.

118,000 reported severe difficulties that would benefit from treatment.

10% seek and utilize treatment.



Research

NICOS Chinese Health Coalition , 1997

21% identified as pathological gamblers.

16% identified themselves as pathological gamblers.



Research

NICOS Chinese Health Coalition , 1999

70% of 1,808 Chinese-American respondents ranked gambling as their community's primary problem.





Areas of Assessment

- Gambling Patterns
- History
- Money Management
- Family
- Living Arrangements
- Education and Work
- Mental Health
- Alcohol/Drug Patterns
- Personal/Social
- Time Management
- Stress Management
- Religious and Spiritual
- Self Care
- Legal Issues



Alcohol/Drug Use In NY Adults

- **5 or more drinks daily**

- Non-gamblers 31.0%
- Problem Gamblers 56.1%

- **Weekly Marijuana Use**

- Non-gamblers 1.8%
- Problem Gamblers 8.3%



Alcohol/Drug Use In NY Adults

- **Weekly Tobacco Use**

- Non-Gamblers 28.7%
- Problem Gamblers 47.6%

- **Mental Health Treatment**

- Non-Gamblers 7.6%
- Problem Gamblers 12.1%



Areas of Treatment

- Education
- Recovery Coping Strategies
- Prevention
- Money Management
- Family
- Stress Management
- Time Management
- Education/Work
- Social/Leisure
- Medication Management



Treatment

- Cognitive Behavioral Model
- Individual Therapy
 - Didactic/Problem Solving
 - Behavior Modification
 - Worksheets
 - Homework
- Family Sessions
- GA



Resources

Gamblers Anonymous

New York City Hotline Number: (877) 66GA4NY (877-664-2469)

National Council on Problem Gambling

Confidential National Hotline: (800) 522-4700

New York Council on Problem Gambling

24 hr Helpline: 1-800-437-1611

Problem Gambling Helpline

1-800-GAMBLER

Gam-Anon

718-352-1671



Gamblers' Treatment Center
Outpatient Chemical
Dependence Program

Referral Information:

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