

# Contemporary Clinical Practice with Asian American Clients: A Relational Perspective

Presented by  
New York Coalition for Asian American Mental Health  
Co-sponsored by  
NYU Center for the Study of Asian American Health

Thursday, October 10, 2013

Farkas Hall Auditorium  
NYU Langone Medical Center and School of Medicine  
550 First Avenue, New York, NY 10016

*Practitioners have often noted the challenges of applying clinical concepts and skills derived from a Euro-American model in working with Asian clients. As befitting the values of individualism, the Euro-American model emphasizes direct expression of thoughts and feelings and delineation of clear professional boundaries in the helping process. These norms are drastically different from the Asian collectivistic cultural values that emphasize interdependence with others, anticipation of others' needs and keeping personal thoughts and feelings private.*

*How do practitioners in the Asian community reconcile these differences?  
What is the Asiacentric clinical model from a cross-cultural perspective?*

Foci of the conference:

- *The therapeutic values of the helping relationship in an Asiacentric context*
- *The adaptation of clinical approaches in working with Asian clients across the lifespan*



*The New York Coalition for Asian American Mental Health (NYCAAMH) is a not-for-profit 501(C)(3) organization founded in 1989 by a group of concerned individuals including health and mental health professionals. Its mission is to improve the quality of mental health services available to Asian Americans in the New York City metropolitan area.*

Travel Directions:

*From Penn Station – NYU Langone Medical Center and School of Medicine is directly across town along 34th Street from Penn Station. Take the M34 bus going East to its final stop or walk East across town along 34th Street or 33rd Street.*

*By Bus - The M15 bus runs the length of First Avenue in Manhattan and stops a block from the NYU Langone Medical Center. The M34 bus runs the length of 34th Street in Manhattan and stops directly in front of the North entrance to NYU Langone Medical Center on 34th Street. The M16 bus directly connects nationwide bus service at the Port Authority Bus Terminal (42nd Street and 8th Avenue) with the NYU Langone Medical Center's 34th Street entrance bus stop.*

*By Subway - The stop closest to NYU Langone Medical Center is the 33rd Street stop (at Park Avenue) on the #6 line.*

Information/Registration:

New York Coalition for Asian American Mental Health  
[www.asianmentalhealth.org](http://www.asianmentalhealth.org)  
Email: [nycaamh@yahoo.com](mailto:nycaamh@yahoo.com)  
Tel: (646) 801-9380

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8:30 a.m. - Registration

9:00 a.m. - Welcome

9:30 a.m. - Keynote

**"What Is Clinical Practice? The Interrelationship between Culture, Theories and Approaches"**

*Irene Chung, LCSW, Ph.D., Associate Professor, Silberman School of Social Work at Hunter College*

10:30 a.m. - Break

10:45 a.m. - Panel Presentation I

**"Therapeutic Communication with Asian Clients across the Lifespan"**

*Moderator: Tazuko Shibusawa, LCSW, Ph.D., Associate Dean & Director, MSW Program, Silver School of Social Work, New York University*

*Panelists:*

*Niraj Delhiwala, LCSW, Psychotherapist in Private Practice*

*Pamela Yew Schwartz, Ph.D., Visiting Nurse Service of New York*

*Mary Vu, Psy.D., private practice*

12:00 Noon - Lunch

1:00 p.m. - Panel Presentation II

**"Professional Boundaries in Working with Asian Clients across the Lifespan"**

*Moderator: Grace Wong, Ph.D., Licensed Psychologist, South Beach Psychiatric Center*

*Panelists:*

*Elisa K. Han, Ph.D., Private Practice*

*Lina Leung, Psy.D., Center for Older Adults, Gouverneur Hospital*

*Steven Zhou, LCSW, Asian American Mental Health Program, Elmhurst Hospital Center*

2:00 p.m. - Panel Presentation III

**"Working with Special Needs Population in the Asian Community"**

*Moderator: Pamela Yew Schwartz, Ph.D., Bereavement Counselor, Visiting Nurse Services of New York*

*Panelists:*

*Jun Matsuyoshi, LCSW, Asian People's Alliance for Combating HIV & AIDS (APACHA)*

*George Chang, LMSW, Mobile Crisis Team, Visiting Nurse Services of New York*

*Yasmeen Hamsa, LMSW, New York Asian Women Center*

3:00 p.m. - Questions & Answers

3:30 p.m. - Closing Remarks

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Thursday, October 10, 2013  
Conference Registration Form

## Registration Fees

Non-Members: \$45.00 (Includes \$35.00 towards Membership Dues for Year 2013-2014)  
Non-Member Students: \$20.00 (Includes \$15.00 towards Membership Dues for Year 2013-2014)  
NYCAAMH (2012-13) Members: \$10.00  
NYCAAMH (2012-13) Student Members: \$5.00

\*\*\* Lunch is provided only for those registrations received prior to October 7, 2013 \*\*\*

### Online Registration/Payment:

Please complete and email registration form to [nycaamh@yahoo.com](mailto:nycaamh@yahoo.com) & submit payment through the PayPal account link at NYCAAMH website: [www.asianmentalhealth.org](http://www.asianmentalhealth.org)

### Mail-In Registration:

Please complete and enclose registration form with check payable to: NYCAAMH  
Address: NYCAAMH (Attn: October 2013 Conference), 39 Bowery, PMB 133, New York, NY 10002

## REGISTRATION INFORMATION

### Attendee:

(Mr./Ms./Dr.) First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Title: \_\_\_\_\_ Department: \_\_\_\_\_

Organization/Affiliation: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

### Additional Attendee:

(Mr./Ms./Dr.) First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Title: \_\_\_\_\_ Department: \_\_\_\_\_

Organization/Affiliation: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

### Please check (☑) payment method:

\_\_\_\_ Payment made through NYCAAMH PayPal Account for the amount of: \$ \_\_\_\_\_

\_\_\_\_ Enclosed is a check for \$ \_\_\_\_\_ (Make Check Payable to: NYCAAMH)

Date: \_\_\_\_\_