

Integrated Care for Asian Americans, Native Hawaiians and Pacific Islanders
New York University School of Medicine ~ 550 First Avenue, New York City

DAY 1 – Thursday, June 29, 2017
8:30 a.m. – 4:30 p.m.

8:30 – 9:00 Registration / Coffee

9:00 – 9:15 Welcome

9:15 – 9:30 **Congresswoman Judy Chu (via video)**
Chairwoman Congressional Asian Pacific American Caucus

9:30 – 10:30 **Plenary Session 1: The Consumer Voice**

From the Ground Up: Inspirational Consumer Stories to Inform Integrated Care Research

It can be argued that the most important voice is that of persons with lived experience and this powerful plenary session will highlight just that. By hearing the stories of each panelist and understanding their experiences, providers, researchers and policy makers can better do their work in a way that truly meets the mental health and health needs of the community.

- Dr. Pata Suyemoto, The Breaking Silences Project, Author, Activist, Boston, MA
- Can Truong, Director, National AAPI Empowerment Network, Consumer Advocate, Stockbridge, MA
- Mai-Phuong Nguyen, MD., Internal Medicine Physician and Documentary Film Producer on Refugee-Trauma.
- Laura Le, BA

10:30 – 10:45 Break

10:45 – 11:45 **Breakout Sessions 1**

1A: Reclaiming Mindfulness in Enhancing the Mental and Physical Health of Asian Americans

Mindfulness is increasingly promoted in countries around the world as a clinical intervention as well as in schools and other community settings for enhancing cognitive skills, self-regulation of affect and behavior, and improving interpersonal skills. There is a need to explore whether the current westernized forms of mindfulness are relevant for Asian. The presentation will explore these issues in depth and discuss the benefits and challenges of incorporating mindfulness for Asian Americans.

- Labsang Rappay, Ph.D, Adjunct Assistant Professor and Research Psychologist in the Department of Psychiatry, UCLA, Los Angeles, CA

1B: Addressing Culture in Health Research

This workshop will address the importance of integrating health care services with other services that carry great functional and pragmatic value for immigrant communities in a culturally responsive manner. In Asian American communities, employment and job services are critical for immigrants and their families given the strong work ethic that is embedded in these communities which also served as the major motivation for emigration to the U.S. As such, community-centered, integrated health care in these communities often should involve such services.

- Nolan Zane, Ph.D., Professor of Psychology and Asian American Studies, Director, Asian American Center on Disparities Research, University of California, Davis, CA

1C: The Community CARES, a Model of Trauma Informed Integrated Care Delivered by Cross-cultural Teams.

The Khmer Health Advocates (KHA) is a leading expert in the area of trauma informed care. KHA will present findings of their work to manage chronic health and mental health problems using their CARES model that measures both risk and resiliency. KHA has successfully implemented a cross cultural team that includes a psychiatrist, advanced practice nurse, Khmer speaking family therapist, community health worker and pharmacists to provide whole health care to the Cambodian community.

- Theanvy Kuoch, L.P.C., Executive Director Khmer Health Advocates, Inc., Hartford, CT
- Richard A. Miller, MD., Physician, Khmer Health Advocates, Inc., CT
- Thomas Buckley, Reg. Pharm, Associate Clinical Professor, University of Connecticut, School of Pharmacy, CT
- Mary Scully APRN, Clinical Director, Khmer Health Advocates, Inc., CT

11:45 – 1:00 Lunch

1:00 – 2:00 **Plenary Sessions 2: Engaging Communities in Research**

Community-Based Participatory Research on Integrated Care for Asian Americans: Challenges and Opportunities

Community-based participatory research (CBPR) has been advocated as a framework that can advance community-relevant scholarship with traditionally marginalized populations, promote health and mental health equity, and reduce research-practice-policy divides. This presentation will describe CBPR efforts to study a reverse co-location integrated care and wellness program in an Asian American-specific behavioral health clinic.

- Anne Saw, Ph.D., Assistant Professor, Clinical-Community Psychology, DePaul University, Department of Psychology, Chicago, IL
- Catherine Powell, MFTi, Associate Director of Programs Management, Asian Community Mental Health Services, Oakland, CA

2:00 – 2:15 Break

2:15 – 3:15 **Breakout Sessions 2**

2A: Integrated Care for AAPIs: The Experiences and Wisdom of Traditional Care Providers in their Communities

This presentation will provide significant insight into the experience of traditional healers and culturally-specific mental health practitioners towards developing an effective integrated care model for serving underrepresented AAPIs. This presentation will present examples of traditional healing practices and culturally collaborative services that have positive outcomes for AAPIs in different contexts.

- Matthew R. Mock, Ph.D., Professor of Counseling, Psychology, John F. Kennedy University, Pleasant Hill, CA
- Jenny Chang, MA, LMFT, Family therapist, Sacramento, CA

2B: Integrated Care in Behavioral Health Settings

This panel will provide examples of innovative and successful models of integrated care that have been implemented at the Asian Pacific Family Center in Rosemead, CA and the Asian Counseling Referral Services in Seattle, WA. Their programs weave together culture, language, traditional healing practices and creative activities that draw on the strengths of the community and focus on the whole person. They will also talk about challenges of collecting data and doing research in developing new best practices models of care that are culturally responsive to the AAPI communities.

- Terry Gock, Ph.D., Executive Director, Asian Pacific Family Center, Rosemead, CA
- Yoon Joo Han, MSW, Behavioral Health, Director, Asian Counseling and Referral Service Seattle, WA

2C: Bridging the Gap between Primary Care and Mental Health

Situated in the heart of New York's Chinatown, the Bridge Program at Charles B. Wang Health Clinic was a leader in developing integrated models of care that looked at culturally and linguistically appropriate mental/physical health services for Asian Americans. This presentation will provide an overview of lessons learned, effective strategies to coordinate care across disciplines, outcomes and future goals to improve research in the area of integrated care for AAPIS.

- Chen, Mouchuan Teddy, LCSW, Ph.D., Director of Mental Health Bridge Program, Charles B. Wang Health Clinic, New York, NY

2D: Integrated Care, Cardiovascular Disease and the Filipino Community

Kalusugan Coalition, Inc. (KC) is a multidisciplinary collaboration dedicated to creating a unified voice to improve the health of the Filipino community in the New York metropolitan area through network and resource development, educational activities, research, health service delivery, and advocacy. The presentation will provide an overview of a community-based participatory research and community health worker model in the Filipino community targeting cardiovascular diseases.

- Lily Divino, LCSW, MPH, Kalusugan Coalition, Inc., New York, NY

3:15 – 3:30 Break

3:30 – 4:15 World Café

Small roundtable group discussions to ask questions, share ideas, learn from each other and talk about issues they heard through the plenary and breakout sessions. Participants will have a chance to say what they think are critical issues in providing services, doing research or developing policies. Participants will also begin to share research questions and related issues that will be shared in day two.

4:15 – 4:30 End of Day Wrap up

Integrated Care for Asian Americans, Native Hawaiians and Pacific Islanders
New York University School of Medicine ~ 550 First Avenue, New York City

Day 2 - Friday June 30, 2017
8:30 a.m. – 2:15 p.m.

8:30 – 9:00 Coffee

9:00 – 9:30 Welcome - Summary of day 1

9:30 – 10:15 **Mental Health and Healthcare in the Changing Political Climate**
Richard Lui, MSNBC Journalist and News Anchor

10:15 - 11:15 **Plenary Session: From Research to Policy – putting it all into action!**

Journey Back Ten Years of Diverse Population Mental Health Care Planning in the Integrated Health Care Environment

This plenary presentation is a Massachusetts story of rhetoric and actions, practices and programs, policy and research, data and outcomes, mental health and overall health care planning to eliminate behavioral health disparities in status and care. The story is an integrated part of the state and national context of Behavioral Health is Essential to Health (SAMHSA), Integrated Care for Asian American, Native Hawaiian, Pacific Islander Communities-A Blueprint for Actions (NAAPIMHA), Massachusetts Health Care Reform (Chapter 224), Four Quadrant Clinical Integration Model (National Council of Community Behavioral Healthcare) and Triple Aim (Institute for Health Care Improvement).

- o **Ed Wang, PsyD., Assistant Professor of Psychology, Department of Psychiatry, Harvard Medical School, Director of Policy and Planning for the Chester M. Pierce, MD Division of Global Psychiatry, Boston, MA**

11:15 – 12:00

Creating a National Agenda – Putting it All Together

As healthcare takes center stage in this changing and uncertain political climate, it is critical to understand the importance of gathering data, conducting research and creating policies that will insure access to culturally competent care that reflects the unique and growing needs of AAPIs. Participants will identify key research and policy issues that will be used to write a report reflecting the findings of this conference. The report will be shared with AHRQ, SAMHSA, OMH, other federal partners and stakeholders to improve the quality of care for AAPI communities.

12:00 – Wrap up / Break

12:30 – 2:15 **Special Presentation of “Reunification”**

A Film Screening and Q&A with Alvin Tsang

In this deeply personal award-winning film that gives an insider view on the contemporary immigrant experience, divorce and family psychology, and the personal filmmaking process, filmmaker Alvin Tsang reflects on his family’s migration from Hong Kong to Los Angeles in the early 1980s. This poetic exploration of 17 unresolved years moves moodily across different channels and modes, bending into labor histories and Hong Kong’s colonial trajectories. Tsang turns the camera on his own family, cautiously prodding for answers, but fully acknowledging that the only closure he can get will be from deciding for himself how to move on.